



Run around, roar, and have a monster of a good time indoors or out. Let the monster games begin!



Three-Legged Monster Race

Grab a partner, stand closely side by side, tie your two inside legs together with a handkerchief, ribbon, or rope, and then hobble along like a three-legged monster. Focus on staying balanced, well coordinated, and working as one. Find two or four other friends and challenge them to a three-legged monster race!

Monster Pong

Ready for some crazy-eyed antics? Buy a bag of ping pong balls, draw a big pupil on each with a black marker, and let the games begin!

- Test your juggling skills. Start with two balls, then three. Can you go for four without dropping them all on the floor?
- Balance a ball on a spoon and see how far (and fast) you can walk.
- Now challenge a friend to an “eyeball and spoon race.”
- Stand in one place and gently toss an “eyeball” ball in the air, patting it with a paddle. How long can you keep it in play?
- Play “eyeball toss” by shooting balls into plastic cups full of water.



Silly Snail Race

Sit on your knees with feet tucked under your bottom. Line up with one or more friends and race from point A to point B, and pump your arms to help push your body slowly along. Keep moving; you can do it!

